



# F43. POTENTIATION OF INHIBITORY NEUROTRANSMISSION IN THE TREATMENT OF RECENT-ONSET SCHIZOPHRENIA BY MODIFICATION OF DEVELOPMENTAL PRUNING OF PREFRONTAL CIRCUITRY

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<sup>1</sup>Lancaster University; <sup>2</sup>University of Strathclyde; <sup>3</sup>University of Strathclyde, Strathclyde Institute Pharmacy & Biomedical Science; <sup>4</sup>University of Glasgow

**Background:** Duplication at 16p11.2, affecting approximately 30 genes, has consistently been associated with increased risk of schizophrenia (Psychiatric Genomics Consortium, 2017. Nat Genet 49: 27). We currently have little understanding of how this CNV impacts on brain and neurotransmitter system function. Here we use a mouse model of 16p11.2 duplication (7DUP mice, Horev et al. 2011. PNAS. 108: 17076) to determine the impact of this CNV on cerebral metabolism. In addition, we characterize in vivo glutamate and monoamine neurotransmitter system function by challenging these animals acutely with ketamine and d-amphetamine, respectively.

**Methods:** 7DUP mice and littermate controls were treated with ketamine (25mg/kg), d-amphetamine (5mg/kg), or saline (2ml/kg). n=11 (6 male, 5 female) for each genotype per treatment group. Cerebral metabolism was determined by <sup>14</sup>C-2-deoxyglucose functional brain imaging (Dawson et al., 2015. Transl Psychiatry. 5:e569). Data were analysed using repeated measures ANOVA with post-hoc Tukey's HSD.

**Results:** 7DUP mice show significant constitutive hypometabolism in the thalamic reticular nucleus, mesolimbic system, and in neuromodulatory brain regions. Hypometabolism was also seen in the striatum of female, but not in male, 7DUP mice. 7DUP mice were also found to show hypermetabolism in the hippocampus, amygdala, and cerebral cortex. The impact of ketamine on cerebral metabolism is attenuated in 7DUP mice with sex specific effects, being evident in the mesolimbic and neuromodulatory system of males, whereas the attenuation is present in the hippocampus and striatum in female mice. By contrast, 7DUP mice showed an exaggerated response to d-amphetamine. Again, these effects were influenced by sex, with the exaggerated response being significantly more widespread in males than in females.

**Discussion:** 7DUP mice show altered constitutive cerebral metabolism in brain regions implicated in schizophrenia, including hippocampal and temporal cortex hyperactivity. In addition, 7DUP mice demonstrate a reduced response to ketamine, supporting NMDA receptor hypofunction as a result of 16p11.2 duplication. This effect is consistent with the glutamate hypofunction hypothesis of schizophrenia. By contrast, 7DUP mice show an exaggerated response to d-amphetamine, supporting monoamine neurotransmitter system dysfunction as a consequence of 16p11.2 duplication. Intriguingly, each of these effects differs in male and female mice, suggesting that the phenotypic impact of 16p11.2 duplication is influenced by sex. These data provide new insight into the mechanisms through which 16p11.2 duplication increases the risk of developing schizophrenia.

#### F42. CHONDROITIN-6 SULFATE CLUSTERS: ASSOCIATION OF SYNAPTIC DOMAINS AND REGULATION OF SYNAPTIC PLASTICITY DURING FEAR LEARNING

Gabriele Chelini<sup>\*1</sup>, Cristina Berciu<sup>1</sup>, Kanoelani Pilobello<sup>1</sup>, Durning Peter<sup>2</sup>, Jenkins Rachel<sup>3</sup>, Moazzam Kahn<sup>1</sup>, Teniel Ramikie<sup>1</sup>, Siva Subramanian<sup>1</sup>, Kerry Ressler<sup>1</sup>, Charalampos Pantazopoulos<sup>1</sup>, Sabina Berretta<sup>1</sup>

<sup>1</sup>Harvard Medical School McLean Hospital; <sup>2</sup>Oberlin College; <sup>3</sup>Lesley University

**Background:** Emerging evidence from our group and others has brought the brain extracellular matrix (ECM) to the forefront of investigations on brain disorders. Our group has shown that organized perisynaptic ECM aggregates, i.e. perineuronal nets (PNNs) are decreased in several brain regions in people with schizophrenia (SZ) and bipolar disorder (BD). PNNs were detected by their expression of specific chondroitin sulfate proteoglycans

(CSPGs), main components of the ECM, thought to play a key role in synaptic regulation during development and adulthood. Our studies have also shown that glial cells expressing CSPGs are altered in these disorders, suggesting a link between glial cell and PNN abnormalities. Finally, we have recently shown that novel CSPG structures, bearing a distinct CS-6 sulfation pattern and named CS-6 glial clusters, are decreased in the amygdala of people with SZ and BD. The morphology and function of CS-6 glial clusters is not currently known, but evidence from rodents and on the role of CSPGs in regulating synaptic functions strongly suggest that they may affect synaptic plasticity. We tested this hypothesis using a combination of human postmortem and rodent brain studies.

**Methods:** High Resolution electron microscopy was used to investigate the ultrastructural organization of CS-6 glia clusters. A transgenic mouse model expressing green fluorescent protein in a subset of excitatory pyramidal neurons was used to investigate dendritic spines association with CS-6 glia clusters. Mice were exposed to a single session of auditory fear conditioning for a total of 15 minutes. Animals were euthanized 4 hours after behavioral test. Multiplex immunocytochemistry was used to visualize CS-6 clusters.

**Results:** In human tissue, we show that CS-6 glia clusters are widespread in several brain regions, including the amygdala, entorhinal cortex, thalamus and hippocampus. Ultrastructural results show that CS-6 glia clusters are formed by CS-6 accumulations surrounding several dendrites. CS-6 expression was detected in astrocytes surrounding the dendrites, particularly in astrocytic endfeet enveloping dendritic spines, and within spines postsynaptic densities. Following auditory fear conditioning, marked changes of CS-6 glia clusters were observed in hippocampus regions dentate gyrus (g>1.5) and CA2 (g>1.5) and basolateral amygdala (g>1).

**Discussion:** These findings suggest that CS-6 glia clusters may represent segregated microdomains, dynamically regulated during learning and contributing to the modulation of synaptic regulation machinery. Specifically, we postulate that astrocytes synthesize CS-6 CSPG and secrete it through their endfeet around dendrites, modulating structural plasticity of dendritic spines. These results suggest a relationship between the abnormalities in CSPGs expression and alteration in dendritic spines, two pathological landmarks observed in postmortem brains of people with SZ and BD.

#### F43. POTENTIATION OF INHIBITORY NEUROTRANSMISSION IN THE TREATMENT OF RECENT-ONSET SCHIZOPHRENIA BY MODIFICATION OF DEVELOPMENTAL PRUNING OF PREFRONTAL CIRCUITRY

Erin Burke<sup>1</sup>, Joanne Wojcik<sup>2</sup>, Larry J. Seidman<sup>2</sup>, Alan Green<sup>3</sup>, Tsung-Ung Wilson Woo<sup>\*4</sup>

<sup>1</sup>Arbour Hospital; <sup>2</sup>Beth Israel Deaconess Medical Center, Harvard Medical School; <sup>3</sup>Dartmouth College; <sup>4</sup>Harvard Medical School McLean Hospital

**Background:** The overt symptoms and deficits of schizophrenia (SZ) typically emerge during late adolescence and early adulthood, followed by a period of post-onset functional deterioration. This peri-onset period temporally coincides with the final maturation of the prefrontal cortex (PFC), which is characterized by a process of extensive pruning of synaptic connectivities. Developmental maturation of inhibitory neurotransmission may play a key role in regulating the onset and duration of peri-adolescent synaptic pruning. We hypothesize that a deficit in the developmental increase in inhibitory neurotransmission may disturb the PFC synaptic pruning process and hence contribute to the onset and the functional deterioration that is characteristic of the early course of SZ. Enhancement of inhibitory neurotransmission may therefore restore the integrity of PFC neural circuitry, which may then lead to lasting improvements in cognitive deficits and clinical symptoms.

**Methods:** Here, we report preliminary data on the possible efficacy of tiagabine (Gabitril), which is a selective uptake inhibitor of the GABA (gamma-aminobutyric acid) transporter GAT-1, in the treatment of recent-onset schizophrenia. Subjects were randomized to receive either tiagabine or placebo added on to their antipsychotic regimen.

**Results:** Our data suggest that treatment with tiagabine during the early course of the illness can modulate PFC activation, as demonstrated by functional magnetic resonance imaging during working memory, and improve negative symptoms.

**Discussion:** Taken together, the proposed treatment strategy represents an effort to actively translate preclinical findings in SZ research into clinically testable hypotheses. This kind of translational approach, we believe, will ultimately lead to breakthrough in the treatment and possible prevention of SZ.

#### F44. AN ADD-ON TRIAL WITH N-ACETYL-CYSTEINE (NAC) IN EARLY PSYCHOSIS PATIENTS: TOWARDS BIOMARKER GUIDED TREATMENT

Philippe Conus<sup>\*1</sup>, Margot Fournier<sup>2</sup>, Lijing Xin<sup>3</sup>, Martine Cleusix<sup>4</sup>, Philipp S. Baumann<sup>4</sup>, Carina Ferrari<sup>2</sup>, Ann Cousins<sup>5</sup>, Luis Alameda<sup>1</sup>, Mehdi Gholam-Razaei<sup>1</sup>, Philippe Golay<sup>2</sup>, Raoul Jenni<sup>2</sup>, Tsung-Ung Wilson Woo<sup>6</sup>, Matcheri Keshavan<sup>7</sup>, Chin B. Eap<sup>2</sup>, Joanne Wojcik<sup>8</sup>, Michel Cuenod<sup>2</sup>, Thierry Buclin<sup>2</sup>, Rolf Gruetter<sup>9</sup>, Larry Seidman<sup>7</sup>, Kim Do<sup>2</sup>

<sup>1</sup>Lausanne University; <sup>2</sup>Lausanne University Hospital; <sup>3</sup>Ecole Polytechnique Fédérale de Lausanne; <sup>4</sup>Centre Hospitalier Universitaire Vaudois, University of Lausanne; <sup>5</sup>Beth Israel Deaconess Medical Center, Harvard Medical School; <sup>6</sup>Harvard Medical School, McLean Hospital; <sup>7</sup>Harvard Medical School; <sup>8</sup>Beth Israel Deaconess Medical Center; <sup>9</sup>Ecole Polytechnique Fédérale de Lausanne, Lausanne University Hospital

**Background:** Oxidative stress, coupled with dysregulation of inflammation, NMDAR and dopamine, is involved in schizophrenia (SZ) pathophysiology. Earlier add-on clinical trials showed in chronic SZ patients that NAC, a precursor of glutathione (GSH), an important cerebral antioxidant, improved negative symptoms, mismatch negativity and local synchronization. We hypothesized that NAC at an earlier stage of illness would have a greater impact.

**Methods:** Early psychosis patients (EP, less than 5 years of illness, N=63; NAC=32, placebo=31) were supplemented with NAC (2.7g/day, 6 months) in a double-blind randomized placebo-controlled trial. Outcome measures: PANSS and neurocognition (MATRICS Consensus Cognitive Battery; n=36); quantification of medial prefrontal cortex glutathione (GSHmPFC) by 1H-magnetic-resonance-spectroscopy, of white matter diffusion properties estimated by generalized fractional anisotropy (gFA) computed from diffusion spectrum imaging (DSI), of blood cells GSH (GSHBC) and GSH peroxidase activity (GPxBC) at start and end of trial

**Results:** While PANSS negative and positive were not affected by NAC, NAC improved Processing Speed (NAC > Placebo;  $F(1, 30)=5.849$ ,  $p=.022$ ), favoring 2 of 3 processing speed tasks (Trail Making A,  $F(1, 30)=4.279$ ,  $p=.048$  & Verbal Fluency,  $F(1, 30)=5.749$ ,  $p=.023$ ). GSHmPFC (+23%,  $p=0.005$ ) and GSHBC (+19%,  $p=0.05$ ) were increased following NAC treatment. In patients with high-baseline GPxBC ( $>22.3$ U/gHb), subgroup explorations revealed an improvement of PANSS positive compared to placebo ( $p=0.02$ ). The change of PANSS positive correlated negatively with that of GPxBC activity, showing that the improvement paralleled the restoration of redox status. NAC group showed 11% increase in fornix white matter integrity as measured by gFA, correlating with an increase in GSHmPFC over the 6-months period.

**Discussion:** This is the first clinical trial assessing the impact of NAC treatment in a sample of EP and the potential predictive role of peripheral biomarkers of

redox dysregulation. The hypothesis that NAC would be beneficial to negative symptoms in EP was not confirmed in this small sample, most likely in reason of their very low level at baseline. The NAC induced GSHmPFC increase demonstrates its target engagement. NAC improved Processing Speed showing a therapeutic enhancement of cognitive functions. Most importantly, NAC improved fornix integrity, in association with brain GSH elevation, demonstrating for the first time that a redox regulator can enhance structural connectivity. Peripheral redox status allows identifying a subgroup of patients with improved positive symptoms. Future biomarker guided antioxidant interventions in larger EP samples should replicate these findings.

#### F45. THE EFFICACY AND SAFETY OF BLONASERIN AFTER SWITCHING FROM OTHER ATYPICAL ANTIPSYCHOTICS IN SCHIZOPHRENIC INPATIENTS: AN OPEN-LABEL, MULTI-CENTER TRIAL

Bo-Hyun Yoon<sup>\*1</sup>, Won-Myong Bahk<sup>2</sup>, Young Joon Kwon<sup>3</sup>, Sang-Yeol Lee<sup>4</sup>, Kwanghun Lee<sup>5</sup>, Moon Doo Kim<sup>6</sup>, Sung-Yong Park<sup>7</sup>, Min-Kyu Song<sup>8</sup>

<sup>1</sup>Naju National Hospital; <sup>2</sup>St. Mary's Hospital, The Catholic University of Korea; <sup>3</sup>College of Medicine, Soonchunhyang University; <sup>4</sup>Wonkwang University, School of Medicine; <sup>5</sup>College of Medicine, Dongguk University; <sup>6</sup>School of Medicine, Jeju National University; <sup>7</sup>Keyo Hospital; <sup>8</sup>Yesan Mental Health Clinic

**Background:** The aim of this study was to investigate the efficacy and safety of blonaserin treatment after switching from other atypical antipsychotics in schizophrenic inpatients who showed inadequate efficacy and poor tolerability.

**Methods:** A total of 63 schizophrenic inpatients (inadequate response group=45 and poor tolerability group=18) were included in this study. They were already treated with atypical antipsychotics except blonaserin and not favored due to inadequate responses or intolerable adverse effects. Blonaserin was administered during 12 weeks after switching from their previous antipsychotics. Treatment response was evaluated with Brief Psychiatric Rating Scale (BPRS) and CGI-S, and safety profile were measured with Abnormal Involuntary Movement Scale (AIMS), Simpson-Angus Extrapyramidal Side effects Scale (SARS) and Barnes Akathisia Rating Scale (BARS). Drug Attitude Inventory (DAI-10) and Subjective Well-being Under Neuroleptic Treatment (SWN) were used for subjective estimates. Assessments were done at baseline, 1, 2, 4, 8 and 12 weeks after blonaserin treatment. Repeated measures of ANOVA were done to analyze the group (inadequate vs. intolerable group) and time effects.

**Results:** CGI and BPRS were showed significant treatment responses after switching to Blonaserin. Time effects were significant at 2, 4, 8, 12 weeks after switching and group by time effect were also significant at that time. Mean changes of AIMS, SARS and BARS scores were not significant throughout test trial. Although SWN was significantly improved after switching to Blonaserin, it was not found significant group by time effect.

**Discussion:** The results suggest that blonaserin may be effective and well tolerable in schizophrenic patients who showed inadequate treatment response or poor tolerability.

#### F46. LUMATEPERONE (ITI-007): FAVORABLE SAFETY PROFILE IN AN OPEN LABEL SAFETY SWITCHING STUDY FROM STANDARD-OF-CARE ANTIPSYCHOTIC THERAPY IN PATIENTS WITH SCHIZOPHRENIA

Robert Davis<sup>1</sup>, Alex Dmitrienko<sup>2</sup>, Steven Glass<sup>1</sup>, Susan Kozauer<sup>1</sup>, Jelena Saillard<sup>1</sup>, Michal Weingart<sup>1</sup>, Andrew Satlin<sup>1</sup>, Sharon Mates<sup>1</sup>, Christoph Correll<sup>3</sup>, Kimberly Vanover<sup>\*1</sup>